



# **The Charleston Angler Reel Women Newsletter**

**Mission Statement:** To organize a women's fishing club in order to bring women fly fishers together through education, organized trips, support for CFR and friendship.

**Membership Dues: It's time for  
2009 membership dues**

**New Members:** \* We'd like to extend an invite for those interested in joining this group. It is a \$25 fee. This will include a monthly newsletter, planned events and a "You've Been Hooked" card. (For more information email [caroline@thecharlestonangler.com](mailto:caroline@thecharlestonangler.com))

**Meetings: TBA**

**Past Events:** none at this time

**Future Events:** Travel- check out planned trips on [www.thecharlestonangler.com](http://www.thecharlestonangler.com)

## **Fly Classes:**

The Charleston Angler Fly Class Schedule 2009: \$75 per class

Jan. 10<sup>th</sup>- MP  
Jan. 11<sup>th</sup>- free class-MP-9AM-11AM (as needed)  
Jan. 17<sup>th</sup>- Summerville  
Jan 23-25<sup>th</sup>-N.Charleston Coliseum Boat Show

Feb. 7<sup>th</sup>- WA  
Feb. 8<sup>th</sup>- free class- WA-2PM-4PM (as needed)  
Feb 21<sup>st</sup>- Women's Fly Class- Starr Nolan  
CFR Oyster Roast

March 28<sup>th</sup>- MP  
March 14<sup>th</sup>-Summerville

April 11<sup>th</sup>- WA

May 30<sup>th</sup>- MP  
May 9<sup>th</sup>-Summerville

June 20<sup>th</sup>- WA

July 18<sup>th</sup>- MP

August 15<sup>th</sup>- WA

Sept. 19<sup>th</sup>- MP

Oct 17<sup>th</sup>- WA Redbone Tournament date?

Nov. 7<sup>th</sup>- MP

The Summerville classes will consist of a limit of 5 people.

For details on fly fishing in NC, check the website of  
Brookside Guides: [www.brooksideguides.com](http://www.brooksideguides.com)

**\*Check out our seminar/class schedule  
at [www.thecharlestonangler.com](http://www.thecharlestonangler.com)**

## **Fishing Tips:**

Freshwater: Thanks to a wet fall the water levels in western North Carolina have begun to return to normal. The delayed harvest streams have been stocked well this year and coupled with the better water levels they offer promise of a lot of good fishing throughout the winter months. These fish are stocked but in a catch and release environment will become increasingly wary, and smart the longer they are in the stream. They will take your normal assortment of nymphs and dries (on a warm day), but being that they are stockers you can still take them on unconventional patterns such as eggs, san juan worms, and wooly buggers. Fishing a section of the Toe river in Sprucepine, NC a few weeks ago I did really well with an olive wooly bugger being swung downstream. As for wild and native fish, they will be less aggressive and eating less during the colder months, but they will eat. On warm days you may be able to get them on a dry such as a stimulator or an Adams parachute, but for the most part stick to small dark nymphs, sz. 16-20. The main forage in the streams this time of year are small black stoneflies so you should look to patterns to emulate that, Prince nymphs, black copper johns, pheasant tails, etc... also try beadhead patterns to help get the flies down into the rocks.

Saltwater: Winter time can be a phenomenal time of year to chase redfish on the fly here in Charleston. The fish will be schooling on the lowtide flats and finding schools of 50-200 fish is not that uncommon. To be effective you will need to work on your casting, as the fish will not be willing to let you or your boat get too close. I like to use smaller, darker patterns in the winter as the water is a lot clearer and the fish a lot less aggressive. A few of my own seem to shine this time of year, MM Mud Minnow, MM Bruzer, MM Shrimp daddy... these patterns worked slowly along the bottom have been great producers for us recently and in the past. You can also use small dark clousers, sz 2 or sz 1... they will catch fish as well. Look for large flats off of major waterways, with some form of structure on or nearby the flat. Oysters, creekmouths, docks, all of these things will improve the likelihood of fish holding on that particular flat.

Good Luck...

**Other Business: CFR Temple Fork  
Rods-available for order @ The Charleston  
Angler-**

**\*proceeds benefit Casting For Recovery, NC\***

**5wt-8.5ft 4 piece rod-\$139.95**

**8wt-9ft 4 piece rod-\$149.95**

**\*For mt.charters email**

**[www.brooksideguides.com](http://www.brooksideguides.com)**

**\*For saltwater call Capt. John Irwin 843-  
860-4231**

**\*CFR Apparel available @ TCA- proceeds  
benefit Casting For Recovery, NC\***